This listing of claims will replace all prior versions, and listings, of claims in the application:

## II. Listing of Claims:

- 1. (Withdrawn): A dietary supplement comprising: a capsule comprising a nutritionally effective amount of isolated and purified galactose, glucose, mannose, N-acetylneuraminic acid, fucose, N-acetylgalactosamine, N-acetylglucosamine and xylose.
- 2. (Withdrawn): The dietary supplement of claim 1, wherein the supplement further comprises rice flour.
- 3. (Withdrawn): The dietary supplement of claim 1, wherein the composition further comprises a flowing agent and a lubricant.
- 4. (Withdrawn): The dietary supplement of claim 1, wherein the galactose, glucose, mannose, N-acetylneuraminic acid, fucose, N-acetylgalactosamine, N-acetylglucosamine, xylose and rice flour are present in the composition in a weight ratio of about 1:1:1:1:1:1:1:8.
- 5. (Previously Presented): A dietary supplement comprising:
  a nutritionally effective amount of isolated and purified acetylated mannose; and
  at least five isolated and purified saccharides selected from: galactose, glucose, mannose,
  xylose, N-acetylneuraminic acid, fucose, N-acetylgalactosamine, N-acetylglucosamine,
  arabinose, glucuronic acid, galacturonic acid, iduronic acid and arabinogalactan.
- 6. (Previously Presented): The dietary supplement of claim 5, wherein the five isolated and purified saccharides are powdered.
- 7. (Previously Presented): The dietary supplement of claim 5, wherein the five isolated and purified saccharides are essential saccharides.

- 8. (Previously Presented): The dietary supplement of claim 5, wherein the five isolated and purified saccharides further comprise glucosamine and rhamnose.
- 9. (Withdrawn): A dietary supplement composition, comprising: a nutritionally effective amount of at least two powdered saccharides, wherein at least one of the saccharides is selected from a first group of saccharides consisting of: arabinogalactan, glucosamine, rhamnose and acetylated mannose; and

wherein at least one of the saccharides is selected from a second group of saccharides consisting of: N-acetylneuraminic acid, fucose, N-acetylgalactosamine, N-acetylglucosamine, arabinose, glucuronic acid, galacturonic acid, iduronic acid, galactose, glucose, mannose and xylose.

- 10. (Withdrawn): A dietary supplement comprising:

  a nutritionally effective amount of at least six powdered monosaccharides,

  wherein at least one of the powdered saccharides is selected from a first group of
  saccharides consisting of: galactose, glucose, mannose, xylose and acetylated mannose; and

  wherein at least one of the powdered saccharides is selected from a second group of
  saccharides consisting of: N-acetylneuraminic acid, fucose, N-acetylgalactosamine, Nacetylglucosamine, arabinose, glucuronic acid, galacturonic acid, iduronic acid and
  arabinogalactan.
- 11. (Withdrawn): A dietary supplement comprising: a nutritionally effective amount of at least six essential saccharides.
- 12. (Withdrawn): The dietary supplement of claim 11, wherein at least one of the essential saccharides is selected from a first group of saccharides consisting of: galactose, glucose, mannose, xylose and acetylated mannose.

- 13. (Withdrawn): The dietary supplement of claim 11, wherein the essential saccharides are selected from a second group of saccharides consisting of: N-acetylneuraminic acid, fucose, N-acetylgalactosamine, N-acetylglucosamine, arabinose, glucuronic acid, galacturonic acid, iduronic acid and arabinogalactan.
- 14. (Withdrawn): The dietary supplement of claim 11, wherein the six essential saccharides are provided at a weight percent of between about 0.1 and about 75 weight percent.
- 15. (Withdrawn): The dietary supplement of claim 11, wherein the six essential saccharides are provided at a weight percent of between about 1 and about 48 weight percent.
- 16. (Withdrawn): The dietary supplement of claim 11, wherein the six essential saccharides are provided at a weight percent of between about 1 and about 25 weight percent.
- 17. (Withdrawn): The dietary supplement of claim 11, wherein the six essential saccharides are powdered.
- 18. (Withdrawn): The dietary supplement of claim 11, wherein the six essential saccharides are dissolved in a liquid.
- 19. (Withdrawn): The dietary supplement of claim 11, wherein the six essential saccharides are encapulsated.
- 20. (Withdrawn): The dietary supplement of claim 11, wherein the six essential saccharides comprise acetylated mannose, glucosamine, arabinogalactan, predigested gum ghatti, predigested tragacanth gum and predigested corn starch.
- 21. (Withdrawn): The dietary supplement of claim 11, wherein the six essential saccharides at a 1:1:1:1:1:1 ratio.

- 22. (Withdrawn): The dietary supplement of claim 11, wherein the six essential saccharides are selected from the group consisting of galactose, glucose, mannose, xylose and acetylated mannose, N-acetylneuraminic acid, fucose, N-acetylgalactosamine, N-acetylglucosamine, arabinose, glucuronic acid, galacturonic acid, iduronic acid and arabinogalactan.
- 23. (Withdrawn): The dietary supplement of claim 11, wherein the six essential saccharides are bioavailable.
- 24. (Withdrawn): A dietary supplement comprising:
   a composition comprising a first and a second, isolated and purified saccharide,
   wherein the first saccharide is selected from a first group of saccharides consisting of:
   arabinogalactan, glucosamine, rhamnose and acetylated mannose; and

wherein the second saccharide is selected from a second group of saccharides consisting of: N-acetylneuraminic acid, fucose, N-acetylgalactosamine, N-acetylglucosamine, arabinose, glucuronic acid, galacturonic acid, iduronic acid and arabinogalactan,

wherein the first and second saccharides are each provided in an amount sufficient to provide a nutritionally effective amount.